

SAPR - Community Awareness

Conducts weekly indoctrination training for newly assigned Airman. Training focuses on the need for situational awareness and dorms/liberty safety.

SARCs put notes in their respective POW (Plan of the Week) or POD (Plan of the Day) to include new statistics, SAPR articles, reporting options, announcements and SAPR resources

Implemented awareness events throughout the year to include 5k run/walks, clothing drives (donated to the local hospital that performs the victim screenings so the victims will have clean clothes to wear when sent home), SAPR informational awareness tables at the Galley and the Health Clinic, Clothesline Project at the Navy Galley and self-defense demonstrations

Establishing a Facebook page to raise awareness of current events, articles, and upcoming trainings

According to the White Paper the “Valued Airman” concept encompasses three intersecting spheres of one’s life: Value Self; Value Other and Value the Mission.

As a prevention initiative targeted at our 18-24 year old airmen, the IDS presents a campaign called "Is It Worth It" which can be presented at a Commander's Call. "Is It Worth It" utilizes a scenario of a group of airmen going to the beach, spending the day drinking, ultimately leading to a sexual assault and act of domestic violence. Volunteer victim advocates and members of the squadron role play the scenario and subject matter experts have an open discussion of various aspects of the role play with the focus being on responsible choices.

RE\$PECT: The Universal Currency: The foundation of this awareness event is giving the gift of respect all year long. The kickoff event was conducted in the atrium of the Base Exchange during lunchtime. The Wing Commander and his family were the first to sign the large banner. T-shirts were given to participants, who committed to giving the gift of respect all year long and sealed the agreement by publicly signing the banner. Participants also identified people who consistently show respect and they defined what respect means to them. Word search, unscramble and cross word puzzles were available with answers relating to the topic of respect.

Airmen Helping Airmen Forum (AHAF): The AHAF was created by the Maxwell AFB SAPR office to promote a culture of respect among the high-risk population age 18-29. The AHAF is currently comprised of high-speed Airmen (E1-E4, O1-O2 and civilians), who work together to positively influence other young Airmen, specifically those in the dorms, by holding special events and interactive education sessions. The power of the AHAF comes from the innovative ideas of the young Airmen because only they know what will impact their peer group the most. They've hosted various events, including a base-wide Thanksgiving Cook-Off (see Enclosure 3), which integrated fun peer interaction with SAPR education.

It’s All About RESPECT” Talent Expo and Poetry Event (see Enclosure 4). This awareness program was created to provide a place where Airmen could set the tone regarding positive, appropriate and fun things to do in the community. It is an evening of awareness promoting the prevention of sexual assault and positive ways to intervene, through the use of music, poetry, dance and self expression. All participants were required to base their submissions on respect, healing, encouragement or surviving. No profanity or vulgarity allowed.

What Does RESPECT Mean To YOU?" Bag Give-Away: The Maxwell SAPR Office partnered with our local commissary and AAFES Exchange (BX) to launch a Green Initiative, which focused on saving money while protecting our fellow Wingmen and the environment. By answering the question, "What does respect mean to me?" participants were able to think about respect and how they incorporate it into their daily lives. The event was conducted for 6 hours over the course of 3 days, with responses received from over 500 active duty, reserve, retired personnel and civilians. For answering the question about respect, participants were given a reusable shopping bag (see Enclosure 5), which saves the environment by eliminating the use of plastic bags. Additionally, the BX was able to provide a 5¢ discount on purchases made using the recyclable bag, which ultimately saves money over time.

The Sheppard Sexual Assault Prevention & Response (SAPR) team created a "SAPR Student Folder" which will be provided to all 82d Training Wing "Airmen-in-Training" (AiTs) as well as student pilots assigned to the 80th Flying Training Wing, a tenant organization on Sheppard AFB. The student population here at Sheppard currently purchase their own folders (various sizes, colors, etc) to carry around paperwork while here for training. The SAPR team recognized this as an opportunity to capitalize on expanding the folder idea and tailored it with Sheppard specific information.

Respect ...ask me about It: T-shirt program on the front the words Ask Me about it... and RESPECT on the back: this is to encourage conversation and have community members actively participate in prevention work

Meet Your Victim Advocates and Information Fairs (BX and Commissary)

Stand Together Against Rape(STAR) Rally

Sexual Assault Theater Group (SATG) – Kunsan AB volunteer program that designs and performs skits for specific audiences (ex: NCOPE, Sq CC Calls, ALS, and is now permanent part of FTAC). SATG provides a unique style of interactive training that highlights stereotypes surrounding sexual assault and drives students into a controlled discussion forum.

Incorporated select Bystander Intervention Training exercises for local Mayor, Chief of Police, Sheriff, Co-Officials, investigators, and other first responders

(Visualization, Take-A-Stand, Leadership, Definitions, and Party Scenario) into our FTAC SAPR briefing

Created and conducted, with partnership from EO, a CC Call presentation focusing on Continuum of Sexual Assault and Barriers to Reporting; Wg/CC made mandatory for all squadrons.

- Researched civilian sector practices and recently received training by National Institute on Crime Prevention
- Briefed training highlights to all CCs and key personnel during wing staff meeting, and incorporated into Prevention briefings
- Future implementation into First Responder training

Completely re-built Outreach/Prevention program more stories/interaction...less slides

SARC shares intimate personal story as an A1C at Lakenheath 16 years ago..."When the other person changes their mind in the heat of the moment". Generates great cross-talk and a few laughs at appropriate times

Teamed w/ Public Affairs to create a music video (w/ local military talent) about a sexual assault scenario
--Video is played on AFN, YouTube, and was added to FTAC briefing

Teamed w/ DoDDs to ensure our young population is not missed
--Briefed entire middle school on "Bullying and Inappropriate Touching"
--Scheduled to brief High School in Dec on "Healthy Dating and Saying No"

Had two Victim Advocates write short essays for base paper on "Why I wanted to become a victim advocate" for VA recruiting

Established 5 outreach tables connecting w/1500+ personnel on base--directly correlated to increased reports

Hosted Fun Runs at CMAS and Peterson--200+ participants--utilized forums to educate on reporting options

Partnered with Commanders for awareness & education facilitating 30+ outreach events--2,000+ impacted

Monthly outreach table with IDS members in front of dining facility

Providing outreach tables on base as part of Domestic Violence Awareness Month 2012 (Members must complete sentence to receive promotional items. "I show respect for my significant other by..." OR "I can build a healthier relationship by..."

"Safe Date Night" for single junior enlisted and officer population (February 2012)

-- Separate events held on the same night in separate locations for enlisted and officer populations

-- Instruction included: Asking First for Consent (SAPR), Making Smarter Choices with Partners (Chaplain), Supporting Survivors of Sexual Assault (Mental Health), and Intervening when Danger is Present at Parties and Group Settings with Alcohol (OSI and SFS)

-- Funding for steak dinner provided by Chapel and Housing Office with live music, positive dating/healthy relationship bingo

-- T-shirts "Want some Action? DoYouAsk.com" (front), "RESPECT yourself, your partner, the answer" "Ask B4 you ACT" (back)

Youth education at Youth Center conducted by Summer Hires in SAPR program with focus on not talking to strangers, safe touch and internet safety

Established weekly 90 minute indoc SAPR training for all new students at NNPTC, provided by SAPR command POC, SAPR Victim Advocates, and/or Navy SARC

- Refresher 30 minute sexual assault awareness training every 7 weeks at Nuclear Power Training Unit (NPTU) Charleston provided by SAPR Victim Advocates

- Staff training and check-in provided by Command SAPR Point of Contact and/or SARC

Training Delivery Style: We heard our customers loud and clear tell us “death by power point” was not effective. Participants do not retain the material presented in canned briefings and are not engaged in the training a lot of the time. We let class participants provide the training. Classes are divided into small groups. We provide the materials to the groups and ground rules: (1) no power point slides; (2) no reading back training materials to the class; (3) information shared with the class must be accurate. Small group members develop their presentations and present back to the larger group. These presentations are great! We have had rap songs, poems, one-act plays, and stand-up comedians, just to name a few. When people contact the SARC office they often tell us they remember us because of the class.

Anne Munch – “Naming the Unnamed Conspirator” training for First Responders and “Meeting the Consent Defense” for trial counsel, forensic examiners and investigators. Based on feedback our senior leaders (as well as prospective jurors) do not have an understanding of victimology and how sexual assault victim behavior can be similar to PTSD sufferers. Their memory inconsistencies and post-event behavior can appear counterintuitive...victims may appear less credible to their command chain or in sexual assault trials, leading to more difficulty in prosecuting alleged offenders. Our Judge Advocate team receives the training, but our senior leaders do not.” Note***This ties in well with “The Invisible War” documentary that focuses on the lack of accountability for alleged perpetrators. Research indicates that only 6% of cases brought to trial result in a conviction. Training can be offered on offender dynamics/unnamed conspirator, as far as highlighting how adept perpetrators are at camouflaging in with society. They are generally people that commanders feel would “never be likely” to commit such a crime. When our senior leaders have a better insight into the thought process of victims and the modus operandi (MO) of perpetrators, they are more likely to feel comfortable and confident in making an educated, Mike Domitrz – Date Safe Project was an “All-Call” for single Airmen at 36 WG and served as an interactive presentation to educate Airmen on issues regarding consent within dating relationships. At 51 FW, “Can I Kiss You?” was a mandatory “All-Call” for Airmen in the 18-25 yr range. Per 51 FW/CC, “we still hear positive comments about the performance and “Ask First, Respect the Answer” bracelets abound.”

Men Can Stop Rape, 1 in 4, Becca and Kelly, Sex Signals, Bernie McGrenahan, Craig Zablocki, Happy Hour

forum targeted to residents of the dormitories to discuss issues of sexual harassment, sexual assault and safety. Groups are limited in size to less than 25 and are divided by gender. The goal is to have a diverse group of attendees representing more than one dormitory. Attendees are requested to dress in civilian attire. Each session lasts 60 - 90 minutes. The groups are facilitated by same sex SAPR Victim Advocates.

The focus of the female group is on defining sexual violence and the available reporting options. The group has successfully utilized sexual assault victims to describe their own ordeals. This has opened it up for group members to ask questions and relate their own experiences. The participants have been very supportive of these individual disclosures. Women are able to discuss different ways of handling situations where they feel intimidated or harassed. Group participants are asked about measures that would make them feel safer in the dorms. As a result of concerns raised in the women’s forum, new lighting was requested and approved for the dorm grounds. A short self-defense class followed several of the forums.

The male group’s focus is on defining sexual violence, harassment and bullying. The primary goal is to create empathy for victims and reinforce effective interventions. Content includes video excerpts from several documentaries and a facilitated discussion of the issues. The impact of social media and issues surrounding alcohol and consent are addressed. Both groups are asked to complete feedback forms and have been overwhelmingly positive about the forums. Males, in particular, have requested mixed gender groups to discuss issues of consent. Groups are held in the Airmen and Family Readiness Center, which is located in close proximity to the dorms.

Walking the Walk is a sexual violence awareness exercise. The objective is to have participants experience the issues and emotions that survivors of sexual violence face every day. Participants also learn about responses from family, friend, and community members. The exercise also assists in understanding the complexity of sexual violence.

Focus on policy, resources/tools for commanders, common themes, offender types, the unnamed conspirator, trauma and our brains (linking what they know about PTSD as a result of combat to what we know about trauma from sexual assault), trauma and memory, counter intuitive and confusing behaviors and how to support victims of sexual assault

Gender specific discussion/training groups where the focus is on healthy relationship and sexuality; expansion based on feedback from FTAC and victims of sexual assault

In three separate sessions CC addressed all 680 student pilots and all 250 E-1 to E-4s, covering information on sexual assault statistics and how the crime needs to be prevented. He showed videos, talked about potential consequences and how sexual assault pollutes our AF core values, placing strong emphasis on the wingman concept.

Provided informational tables for Base Picnic

Partnered with Safety office and provided Winter Driving Safety Kits Fall 2011 (Presented at Wing CC Call)

April is SAAM, Month of the Military Child, Child Abuse Prevention Month and Alcohol & Drug Prevention Month. Activities were collaboratively designed to address themes and target groups from these areas (2011 & 2012). Proclamation signing by City Mayor and Wing Commander

Youth education conducted at Library Story Hour, School Age Program, Youth Membership and local school district with focus on "Faux Paw: The Techno Cat, Adventures in the Internet," "Safe Touch Rule" for younger children, creating safety plans for parents and Student Learning Attack Prevention (SLAP) for 9-18 year olds

Distributed "door hangers" in base housing to encourage families to create a child safety plan along with information on stranger danger and internet safety; in dorms with reporting options and the theme "Ask! Act! Intervene"

Self Defense Class conducted by 47 SFS/SFMQ at the last 15 minutes of Zumba Class at LAFB Fitness Center

Silent "Witness" display outside HAWC in Fitness Center; display is 3 dimensional mannequin in military blues with informational focuses on positive bystander intervention

Teal Ribbon Campaign; individuals entering the gym encouraged to wear teal ribbon during their work out; once work out is complete they were given a t-shirt and/or water bottle with the hotline number and "My Strength is for Protecting! She's someone's Mother, Sister, Daughter, Friend...sexual assault prevention starts with ME!" This project was initiated by a male victim advocate and is staffed mostly by E3-E5s

Ground flags posted in the ground with a posters describing the flags and reporting options; 4x4 inch red flags (utility/cable markers) for number of restricted reports and blue flags for number of unrestricted reports of sexual assault in the Air Force for the previous FY

Texas Association Against Sexual Assault (TAASA) Training for first responders from LAFB and Del Rio community with focus on “Acquaintance Rape,” “Juvenile Sex Offenders” and “Female Sex Offenders”

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“Kick the Silence” Kickball Tournament/Happy Hour Collaborative Event

- Conducted immediately following the Easter Egg Hunt/Family Day Annual Event

- Teams comprised of 10 people with at least 2 children and 1 spouse per team

- Focused on alcohol, safety and sexual assault

- Collaborated with IDS, ADAPT, SE, Dorm Council, CGOC and SAPR

- Provided information on drinking and driving, recipes for non-alcoholic drinks and demonstrations using “drunk goggles”

“Drunk Sex or Date Rape, Can you tell the difference”/Happy Hour

- Focused on alcohol, safety and sexual assault conducted by Brett Sokolow

- Collaborated with ADAPT, SE, Dorm Council, CGOC and SAPR

- Included teenagers from local school district; SFDRCISD provided bus transportation to students

Domestic Violence Awareness Month Activities were collaboratively designed and implemented with SAPR, Family Advocacy and local nonprofit BCFS. Proclamation signing by City Mayor and Wing Commander

SARC guest speaker at Annual Candlelight Vigil in local community with focus on “Inspiring Hope”

3-week period at Cardwell Head Start Program as part of BCFS’s Anti-Victimization Curriculum that helps build self-esteem, reawaken instincts, ensure memory retention in a crisis using music and skits

Annual installation commander training in collaboration with Family Advocacy

Market hotline and services using targeted marketing items that can be used by our population

- Writing instruments that meet AFI regulations and can be carried in BDUs and Flight Suits

- Magnets in bathroom stalls, so people can take the magnet without stigma

- Pro football schedules with hotline information

- Reflectors for safe PT and flightline use

- Utility Instruments (similar to Leatherman) for deployers

Conduct all briefings and training (newcomers, FTAC, SUPT, Predeployment, CC Calls, AFSA, Dorm Council, etc.) with a focus on interaction and engagement in an setting where it is safe to openly discuss any topic related to sexuality and/or sexual assault

- Wing Commander attends and briefs at every newcomers gathering; shows importance
- Incorporate basic human sexuality information into FTAC and SUPT in an effort to counter some myths and misunderstandings about SA

Training for SFS on Consent, Working with Victims, Rape Culture and pre-deployment topics

Developed training for SFS that combined First Responder training, Pre-deployment training, Bystander and Consent topics. Provided this face-to-face training for over 120 SFS members in Oct 12

Distributed restroom magnets to CMAS, Thule AB, NORTHCOM--750+!--unique idea replicated by 3+ bases

Had two Victim Advocates write short essays for base paper on "Why I wanted to become a victim advocate" for VA recruiting

Hosted Fun Runs at CMAS and Peterson--200+ participants--utilized forums to educate on reporting options

Providing IDS outreach tables on base as part of Domestic Violence Awareness Month 2012 (Members must complete sentence to receive promotional items. "I show respect for my significant other by..." OR "I can build a healthier relationship by..."

Sponsor Self-Defense seminar every Apr during SAAM. Participants learn self defense techniques

Reinvigorated community partnering to prevent violence--Hosted SAAM event: Community panel w/ TESSA

Developed creative Sexual Assault Awareness Month activities: Gate Day event; B/X Clothesline Event in conjunction with Veteran Administration's Military Sexual Trauma Unit; Organized Dorm Run; VA Appreciation Luncheon/Training Event attended by Wichita Police Dept., Wichita Area Sexual Assault Center and Via Christy St. Joe's representatives. "Take Back the Night" planning committee member through Wichita Area Sexual Assault Center (WASAC); community event to raise awareness on sexual assault issues: assisted with marketing campaign.

Coaster to test for items in drinks with SARC information listed on it

Feedback provided by attendees indicated the sessions were very well received. USAFA grads said it was far better than the multitudes of sessions they received at the Academy.

The Teal Rope Program was created at Keesler AFB to address issues surrounding sexual assault in the student population and support the Sexual Assault Prevention and Response (SAPR) mission. The Teal Rope Program is a peer based program and is comprised of select Non-Prior Service Airmen in technical training. Members of the program must meet criteria to be accepted into the program; recommendation by MTL, 80% GPA, at least two months remaining in training, interview by SAPR staff member and attend initial training provided by SAPR office. Teal Rope members assist in prevention efforts, aide in creating awareness materials to be used by peers, speak at final formations, dorm meetings, IP briefings, etc. and provide activities to promote the SAPR program within the student population. They serve as a link between students and SAPR office by providing information and referral support through on-base referral agency information to peers and assisting victims of sexual assault in making a report by calling the 24/7 Hotline or escorting the member to the office while maintaining confidentiality and privacy. The Teal Rope Program is managed by the SAPR Office in coordination with 81 TRG. The goal of the program is to increase prevention and

Collaborating with the A&FRC to provide Active Relationship courses--includes resiliency, finance, communication, and relationships. Each agency has two trained instructors. The A&FRC purchased the training and materials. This effort would support the AFGSC Pathways to Leadership initiative and facilitate getting SARC and A&FRC literature/materials out to FEW AFB/Guard/Reserve members who attend the courses.

Partnering with Laramie County School District #1 to provide Bystander Intervention Training to teachers/counselors/social workers. Coordinating with the Safe & Drug Free Schools POC. The entire district implemented the Olweus Bullying Prevention Program (best practice) in grades K-8, and bystander intervention is a major aspect of that program. Although the SARC LCSD#1 SDFS POC seemed very interested. This is a community networking initiative.

My body My Life: educational program to provide young women with the tools needed to avoid or possibly prevent a sexual assault.

Circle of 6 app

Dorm Night: 30 participants, watch movie "The Line" with open dialogue, pizza discussion of "crossing the line"

"Drunk Sex or Date Rape (Can you tell the difference?)"

Focused on alcohol consumption and sexual assault; conducted by attorney Brett Sokolow

Attended by local rape crisis center employees and on base community college students (EMCC)

Victim Advocates (VAs) are integrated throughout all four services. VAs are trained together and hold/sponsor base events together. Victims are usually paired with a VA of another service. This protects both the victim's privacy and the VA from pressures from operating within the same chain of command exercising crisis response and victim care at each GSU beginning CY2013. These will be combined exercises with OSI and medical. This is vitally important, especially for bases with GSUs to ensure prompt and effective victim care

we connected well with the Airmen on this message by having Airmen transmit it. We asked them to start a volunteer troupe to put on skits during commander's calls. They put together a group of remarkable talent, and began performing entertaining skits with powerful messages. The troupe and the skits were a big hit and had tangible impact on our culture of responsible choices; performed before several groups in DC.

The SAPR program arranged to have a lunchtime learning session for first sergeants. Dr. Berkowitz is a nationally recognized trainer and lecturer of rape prevention programs and fostering healthy communities and workplaces. He is an active proponent of bystander intervention training.

"Got Consent" Program

Sexual Assault Awareness Month Golf Tournament in April. This collaboration works wonderfully in that the SARC office gets the exposure for prevention and also some training by placing questions at each tee that participants can read and answer and then at the end submit for prizes that have either been donated by local merchants for this cause or from prevention items that the SARC office provides.

The SARC coordinated with the ANG unit in Lincoln to create an MOU regarding how we will coordinate services and response protocols for our services members in the local areas.

The SARC collaborated with the local Omaha rape crisis office at the Women's Center for Advancement so that our newly trained Victim Advocates are "encouraged" to work their hotline for at least 6 months (hopefully longer) to gain knowledge and additional experience to enhance their advocacy skills.

The SARC is located in the Aerospace Medical building. It is conveniently located for easy access and has a warm inviting appeal for both victims/survivors. The SARC and Assistant have furnished their facility in a way that exemplifies a professional climate and where internal and external customers will feel comfortable and welcome.

"Don't let this happen to you" peer mentors

USAFSAM (School of Aerospace Medicine) ensures that a SARC trained victim advocate briefs all students upon arrival to the schoolhouse.

Unique to USAFSAM is a SARC trained Military Training Leader

"Jump into Prevention" skydiving event. Inspired by the recovery efforts of a sexual assault survivor, the annual event serves to raise awareness, promote Wingman involvement, overcome individual fears, and inspire intervention. The program has grown into one of the Wing's premier annual events; this year over 130 airmen, including our top Wing leadership, volunteered to help with the activity - the majority of whom took the 14,000' tandem jump to promote sexual assault prevention. Several unit Commanders have now begun sponsoring the jump for their top airmen to reward outstanding performance and encourage SAPR program participation. The activity generates such base-wide interest; even those who have no desire to take the jump themselves, are still aware of the commotion and talking about the roots of its popularity.

"SARC Blimp" is an outstanding beacon soaring high above the open horizon of California's central valley. Reaching 120' into the skyline, the bright red 15' helium filled aerostat with 3' white lettered "SARC" on each side, is impossible to miss. The 18' red banner fluttering beneath, sporting white numbers of the 24/7 Crisis Line phone number, is equally visible. Flying for several weeks at a time at various times throughout the year, it is the most efficient and effective way to ensure that every single member of "Team Beale" is reminded of the Sexual Assault Prevention and Response Program's presence and contact information. Airmen may or may not know all that the program offers, but they all know where to get that information should they need it; and there's just something special about a big red balloon!

"Are you a Stud?" anonymous survey. It leads male Airmen through a series of questions to highlight behavior that seems socially acceptable but in reality is contrary to AF values and standards.

One of the other important initiatives was a teen seminar put together by AAFB SAPR called R.I.S.E. (Relationships, Intervention, Self-Defense, Education). We collaborated with AFOSI and FAP to bring an interactive workshop open to all teens on AAFB discussing healthy relationships, providing education on sexual assault prevention by tailoring BIT course material that would resonate with our younger audience, while emphasizing the importance of standing up for each other in difficult or often times uncomfortable situations. The event wrapped up with a demo/instruction on self-defense techniques from OSI. The goal here was to try a different approach and target an audience that was very much impressionable. As we all know, change takes time, but by educating our younger population now, we can ensure that they go on to become well-informed, productive members of society. Many of these young adults will go on to join the military, so it is crucial that they have early exposure to some of the more serious topics and are given the tools to effectively combat the surrounding societal influences. The hope is that by doing so, they are better equipped to handle some of the challenges that they may face in the future, while simultaneously shifting the mindset on sexual assault.